

## MENU FEBRUARY/MARCH 2018

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| 26-28<br>FIFTH WEEK<br>QUINTA SEMANA | BBQ PULLED PORK<br>WHITE RICE<br>BLACK BEANS<br>COLESLAW<br>DESSERT-JUICE | ROASTED MARINATED<br>CHICKEN WITH ROSEMARY<br>ROASTED VEGGIES<br>POTATOS AU GRATIN<br>CUCUMBER TOMATO SALAD<br>DESSERT-JUICE | CHICKEN PARMIGIANA<br>SERVED WITH VERMICELLI<br>AL PESTO<br>EGGPLANT PARMIGIANA<br>MIXED SALAD<br>DESSERT-JUICE | GROUND BEEF PATTIES<br>WITH AU JUS<br>QUINOA PATTIES (VEG)<br>RICE WITH LENTILS<br>GARDEN SALAD<br>DESSERT-JUICE | MEX CHICKEN-BAKED-PASTA<br>PIZZA<br>GREEN SALAD<br>DESSERT-JUICE |
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