



MENU JANUARY 2018 - MENU ENERO 2018

**VEGETARIAN OPTION AVAILABLE DAILY/OPCION VEGETARIANA DISPONIBLE DIARIAMENTE**

WEEK/SEMANA	MONDAY/LUNES	TUESDAY/MARTES	WEDNESDAY/MIERCOLES	THURSDAY/JUEVES	FRIDAY/VIERNES
08 TO 12	BOWTIE CARBONARA (BACON OPTIONAL) (GLUTEN AND LACTO FREE AVAILABLE) OPTIONAL PARMESAN CUCUMBER AND TOMATO SALAD GARLIC BREAD FRESH FRUIT – JUICE	RICE WITH CHICKEN RICE WITH VEGGIES BLACK BEANS CORN FRITTERS GREEN SALAD DESSERT – JUICE	BEEF BROCCOLI TERIYAKI TERIYAKI VEGGIES ORIENTAL LO MEIN LINGUINE ASIAN SALAD DESSERT – JUICE	CHICKEN TENDRES SERVED WITH BBQ SAUCE AND KETCHUP QUINOA VEGGIE TENDERS SEASONED BAKED POTATOES COLESLAW FRESH FRUIT – JUICE	GREEK FRIDAY FEATURING GRILLED CHICKEN GYROS FLATBREAD VEGGIES FALAFEL ZATZIKI DRESSING GREEK SALAD HONEY PASTRIES – JUICE
15 TO 19	ORANGE CHICKEN ORIENTAL WHITE RICE WITH CARROTS VEGETABLE STIR FRY THAI SALAD FRESH FRUIT – JUICE	FRESH BASIL AND SPINACH PESTO WITH VEGGIES PASTA LENTIL POTAGE CESAR SALAD DESSERT – JUICE	CHICKEN CASADO QUINOA VEGGIE CASADO YELLOW SAFFRON RICE BLACK BEANS MIXED SALAD DESSERT – JUICE	COWBOY CHILI VEGETABLE CHILI FIESTA RICE CHEF CHOICE SALAD DESSERT – JUICE	MARINATED ROASTED BEEF EGGPLANT PARMIGIANA BAKED POTATOES BEAN STEW GREEN SALAD FRESH FRUIT – JUICE
22 TO 26	GARDEN STYLE MEATBALLS SERVED WIT SPAGUETTI STEAMED VEGGIES WITH BUTTER FOCACCIA DESSERT – JUICE	IMPERIAL RICE WITH CHICKEN OR VEGETABLES RUSSIAN SALAD GARLIC BREAD DESSERT – JUICE	CHICKEN TERIYAKI VEGETABLES TERIYAKI COCONUT THAI RICE CABBAGE AND CARROTS SALAD DESSERT – JUICE	SWEET AND SOUR PORK SWEET AND SOUR QUINOA PATTIES ROASTED POTATOES AND PUMPKINS COLESLAW DESSERT – JUICE	SHREDDED BEEF "ROPA VIEJA" RED BEANS WHITE RICE JACK FRUIT STEW FRESH FRUIT - JUICE
29 TO 31	FETUCCINE ALFREDO WITH CHICKEN OR BROCCOLI GRALIC BREAD ITALIAN SALAD FRESH FRUIT – JUICE		HONEY CHICKEN TEMPURA VEGGIES MASHED POTATOES BROCCOLI CHEDDAR SQUARES DESSERT – JUICE		