

KID GOURMET - MENU APRIL AND MAY 2022
MENU ABRIL Y MAYO 2022

<i>ABR/04-08</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Main Meal</i>	<i>Roasted Chicken with Orange Sauce Campesino Rice with Corn, Carrots, Spinach Tropical Salad with Quinoa and Red Beans</i>	<i>Baked Rigatoni with Chicken and Broccoli Tomato Focaccia Cesar Salad</i>	<i>Fish Or Chicken Fingers House Mashed Potatoes Coleslaw</i>	<i>Ground Beef Mexican Stew Yellow Turmeric Carrot Rice Green Salad</i>	<i>BBQ Chicken and Assorted Pizzas Corn Nachos and Cheese</i>
<i>Vegetarian</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>
<i>Dessert</i>	<i>Fruit Salad</i>	<i>Dessert</i>	<i>Fruit</i>	<i>Dessert</i>	<i>Fruits</i>

<i>ABR/25-29</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Main Meal</i>	<i>Chicken and Spinach Lasagna House Baked Rolls Cesar Salad</i>	<i>Beef Strips and Broccoli Oriental Style Vegetable Fried Rice Asian Salad</i>	<i>Lemon Butter Fish Or Chicken Casado Veggie Steamed Rice Tomato Cucumber Salad</i>	<i>Spaguetti and Meatballs with Napolitan (Tomato) Sauce Italian Focaccia Garden Salad</i>	<i>Chicken and Pork Carnitas Burrito Bar Black Beans Lime White Rice Pico de Gallo</i>
<i>Vegetarian</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>
<i>Dessert</i>	<i>Fruit Salad</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Fruit Salad</i>	<i>Fresh Fruit</i>

MAY/02-06	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	No School	Garden Pasta with Assorted Veggies, Diced Ham and Creamy Parisienne Sauce Italian Focaccia Garden Salad	Balsamic Beef Pot Roast with Carrots Mediterranean Couscous with Veggies Traditional Coleslaw	Light Curry Chicken Lime Rice Veggie Salad	Fiesta Friday Chicken Tenders with BBQ Sauce Mac 'N Cheese Home Baked Hawaiian Bread Cesar Salad
Vegetarian	-O-	Vegetarian dishes available upon request	Vegetarian dishes available upon request	Vegetarian dishes available upon request	Vegetarian dishes available upon request
Dessert	-O-	Fresh Fruit	Dessert	Dessert	Fruit Salad

MAY/09-13	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Costa Rican Baked Fish Casado (Chicken Option) White Rice String Cabbage and Carrot Salad	Pop Corn Chicken with BBQ and/or Honey Mustard Creamy Potatoes Mixed Salad	Spaguetti with Bolognese (Meat) Or Napolitana (Tomato) Sauce Home Baked French Baguette Med Salad	Teriyaki Style Beef Strips Lo Mein Noodles Tangerine Asian Salad	South of the Border Premium Ground Beef Chili Vegetarian Option Red Kidney Beans Fiesta Rice Nachos
Vegetarian	Vegetarian dishes available upon request	Vegetarian dishes available upon request	Vegetarian dishes available upon request	Vegetarian dishes available upon request	Vegetarian dishes available upon request
Dessert	Dessert	Fresh Fruit	Dessert	Fresh Fruit	Dessert

<i>MAY/16-20</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Main Meal</i>	<i>Creamy Farfalle with Broccoli House Baked Bread Rolls Cesar Salad</i>	<i>Braised Chicken Stew Mashed Potatoes Au Gratin Veggie Salad</i>	<i>Shredded Beef Latin Style Steamed White Rice Lentil Casserole</i>	<i>Chicken Pesto with White Sauce Baked Pasta Garlic Bread Garden Salad</i>	<i>BBQ Chicken Oven Roasted Parmesan Potatoes Cucumber-Carrot-Ranch Salad</i>
<i>Vegetarian</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>
<i>Dessert</i>	<i>Fruit Salad</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Fruit</i>	<i>Dessert</i>

<i>MAY/23-27</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Main Meal</i>	<i>Napolitana (Tomato) Sauce and Ricotta Cheese Baked Pasta Home Baked Oatmeal Bread Rolls Mixed Greens</i>	<i>Skipper's Choice Fish Fingers Or Chicken Tenders Tartar Sauce Lime Rice Crudites Salad</i>	<i>Beef Stroganoff Aioli Fetuccine Fresh Baked Cheese Breadsticks Garden Salad</i>	<i>Chimichurri Oven Roasted Chicken Hose Mashed Potatoes Mango Coleslaw</i>	<i>Oriental Style Beef Special Fried Rice Thai Salad</i>
<i>Vegetarian</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>
<i>Dessert</i>	<i>Fresh Fruit</i>	<i>Dessert</i>	<i>Fruit</i>	<i>Dessert</i>	<i>Fruit</i>

MAY/30-31	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Grandma's Beef Casserole Spinach Rice Garden Salad	Breast of Chicken A La Creme Roasted Potatoes Au Gratin Tomato-Cucumber Salad	JUNE Menu coming soon!	JUNE Menu coming soon!	JUNE Menu coming soon!
Vegetarian	Vegetarian dishes available upon request	Vegetarian dishes available upon request			
Dessert	Fruit Salad	Dessert			

Lemonade or Tea or Light Fruit Juice are daily served with lunch

PRICE LIST / LISTA DE PRECIO

GRADE/ GRADO	PRICE/ PRECIO	MONTH/MES						TOTAL SEMESTER
		JANUARY/ ENERO (16)	FEBRUARY/ FEBRERO (18)	MARCH/ MARZO (20)	APRIL/ ABRIL (11)	MAY/ MAYO (21)	JUNE/ JUNIO (?)	
M-K	\$5.00	80	90	100	55	105	TBD	
1ST-12TH	\$6.00	96	108	120	66	126	PENDIENTE	

*** PRICE INCLUDES VAT / IVA TAX**