

KID GOURMET / LUNCHBOX CAFE

PRICE LIST / LISTA DE PRECIOS

GRADE/ GRADO	PRICE/ PRECIO	MONTH / MES						TOTAL SEMESTER/ SEMESTRE (95)
		JANUARY ENERO (17)	FEBRUARY FEBRERO (19)	MARCH MARZO (22)	APRIL ABRIL (10)	MAY MAYO (22)	JUNE JUNIO (5)	
M-K	\$6.00	102	114	132	60	132	30	570
1ST-12TH	\$7.00	119	133	154	70	154	35	665

* PRICE INCLUDES IVA TAX

PAYMENT OPTIONS

VIA BANK DEPOSIT OR TRANSFER

BANK: BANCO DE COSTA RICA
BENEFICIARY: EDEN GROUP DOS MIL QUINCE LTDA.
ACCOUNT (\$) # : 001-0321245-9
IBAN CR15015201001032124597
CEDULA JURIDICA : 3-102-697291

PAY PAL

DOLLARS kidgourmetcr@gmail.com

COLONES edengroup2015@gmail.com

WALK- INS

WE GLADLY ACCEPT WALK-INS AT NO EXTRA CHARGE
YOU CAN PAY IN CASH AT THE REGISTER
JUST PAY, GRAB YOUR LUNCH AND ENJOY!

IMPORTANT NOTICE

WHEN MAKING A PAYMENT, PLEASE WRITE THE STUDENT(S) NAME, GRADE AND ANY ALLERGIES INFORMATION.

NOTICIA IMPORTANTE

AL EFECTUAR EL PAGO, POR FAVOR INDICAR EL NOMBRE DEL ESTUDIANTE(S), GRADO E INFORMACION DE ALERGIAS.

DAILY ALTERNATIVES TO RED MEATS, PORK & FISH
ALTERNATIVAS DIARIAS PARA CARNES ROJAS, PESCADO Y CERDO
LEMONADE OR LIGHT JUICES SERVED DAILY

MENU JANUARY – MENU ENERO

WEEK 9-13	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	CHICKEN TERIYAKI COCONUT THAI RICE ORIENTAL SALAD W/QUINOA	BEEF STEW WITH CARROTS AND GREEN BEANS VEGGIE RICE WITH CARROTS COLESLAW	RIGATONI PASTA CARBONARA SAUCE WITH OR W/O BACON HOME BREAD STICKS CESAR SALAD	LATIN STYLE CHICKEN AND VEGETABLES RICE BLACK BEANS GREEN SALAD	BURRITO BAR PREMIUM GROUND BEEF VEGGIE SSLAD RED BEANS NACHOS W/CHEESE
Vegetarian	Vegetarian dishes available upon request	Vegetarian dishes available upon request	Vegetarian dishes available upon request	Vegetarian dishes available upon request	Vegetarian dishes available upon request
Dessert	OATMEAL COOKIES	FRUIT SALAD	ORANGE WEDGES	DESSERT	FRESH FRUIT

WEEK 16-20	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	BAKED MACARRONE CASSEROLE WITH VEGGIES HOME BAKED ROLLS FIESTA SALAD	HERB MARINATED OVEN ROASTED CHICKEN LENTIL RICE WITH VEGGIES TOMATO- CUCUMBER SALAD	ASIAN STYLE BEEF BROCCOLI THAI NOODLESS WITH CARROTS AND ZUCHINI WHITE LIME RICE	CHICKEN SPINACH LASAGNA WITH LIGHT BECHAMEL SAUCE FRESH BAKED FOCCACIA ITALIAN SALAD	LIGHT CURRY FISH OR CHICKEN YELLOW TURMERIC CARROT RICE ORANGE CITRUS CABBAGE AND CARROTS SALAD
Vegetarian	Vegetarian dishes available upon request	Vegetarian dishes available upon request	Vegetarian dishes available upon request	Vegetarian dishes available upon request	Vegetarian dishes available upon request
Dessert	FRESH FRUIT CUTS	DESSERT	DESSERT	FRESH FRUIT	DESSERT

<i>WEEK 23-27</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Main Meal</i>	<i>CHICKEN FETUCCINE ALFREDO HOME BAKED ROLL CARROT SALAD</i>	<i>BALSAMIC BRAISED POT ROAST WITH CARROTS AND LEEK MEDITERRANEAN RICE WITH COUSCOUS MIXED SALAD</i>	<i>BREAST OF CHICKEN BBQ ROASTED SEASONED POTATOES CAULIFLOWER AND CARROTS SALAD CITRUS DRESSING</i>	<i>HOMEMADE PESTO AND TOMATO (MARINARA) SAUCE OVER AL DENTE BOWTIE PARMESAN CHEESE OPTIONAL WHOLE WHEAT HONEY BREAD GARDEN SALAD</i>	<i>BEEF STRIP (FAJITAS) SAUTEED VEGETABLES FLOUR OR CORN TORTILLAS BLACK BEANS PICO DE GALLO SALAD</i>
<i>Vegetarian</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>
<i>Dessert</i>	<i>SEASONAL FRUIT</i>	<i>DESSERT</i>	<i>DESSERT</i>	<i>FRESH FRUIT CUTS</i>	<i>DESSERT</i>

<i>WEEK 30-31</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Main Meal</i>	<i>SWEET AND SOUR CHICKEN ASIAN STYLE BROCCOLI FRIED RICE MIXED VEGGIES SALAD</i>	<i>SPAGUETTI MARINARA OR BOLOGNESE (MEAT) PARMESAN OPTIONAL FRESH BAKED BREAD GARDEN SALAD</i>	<i>FEBRUARY</i>	<i>FEBRUARY</i>	<i>FEBRUARY</i>
<i>Vegetarian</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>
<i>Dessert</i>	<i>DESSERT</i>	<i>SEASONAL FRUIT</i>			

FEBRUARY MENU – MENU FEBRERO

WEEK 1-3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	JANUARY	JANUARY	BEEF STRIPS WITH BROCCOLI FLORETS VEGETABLE LO MEIN WITH RICE NOODLES TROPICAL SALAD	PAELLA STYLE RICE WITH FISH AND VEGGIES (NO SHELLFISH) FOCACCIA GARDEN SALAD	BBQ CHICKEN TENDERS BAKED FRIES MINI PIZZAS CARROT ORANGE SALAD
Vegetarian			Vegetarian dishes available upon request	Vegetarian dishes available upon request	Vegetarian dishes available upon request
Dessert	\		Dessert	Fresh Fruit Cuts	Dessert

WEEK 6-10	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	BAKED ZITI WITH RAGU SAUCE & CHEESE OR MARINARA (NO CHEESE) GARLIC BREAD ROLL GREEN SALAD	GRANNY'S SLOW COOKED CHICKEN STEW SNOW WHITE RICE MIXED VEGGIES SALAD	FISH AND CHIPS FISH FINGERS SERVED WITH POTATO CHIPS RED BEANS CASSEROLE CARROT SALAD	CARIBBEAN STYLE SHREDDED BEEF WHITE RICE BLACK BEANS MIXED SALAD	HOUSE PASTA STATION FEATURING MARINARA AND BOLOGNESE SAUCE SPAGUETTI PARMESAN BREAD STICKS TOMATO CUCUMBER SALAD
Vegetarian	Vegetarian dishes available upon request	Vegetarian dishes available upon request	Vegetarian dishes available upon request	Vegetarian dishes available upon request	Vegetarian dishes available upon request
Dessert	FRUIT CUTS	DESSERT	FRUIT JELLO	SEASONAL FRUIT	DESSERT

WEEK 13-17	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	SPECIAL CHICKEN FRIED RICE WITH VEGETABLES ORIENTAL SWEET AND SOUR VEGGIE SALAD	EYE ROUND ROAST BEEF WITH BROWN SAUCE MASHED POTATOES GREEN SALAD	NEAPOLITAN LASAGNA WITH SPINACH, ROASTED ZUCHINI AND CARROTS TOMATO FOCACCIA ITALIAN SALAD	BBQ CHICKEN FIESTA RICE BAKED BEANS GARDEN SALAD	PREMIUM GROUND BEEF SANDWICH SLIDERS HOUSE BAKED FRIES COLESLAW
Vegetarian	Vegetarian dishes available upon request	Vegetarian dishes available upon request	Vegetarian dishes available upon request	Vegetarian dishes available upon request	Vegetarian dishes available upon request
Dessert	SURPRISE PASTRY	FRUIT CUTS	ORANGE PUDDING	FRUIT CUTS	MINI BROWNIES

WEEK 20-24	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	HOLIDAY	ITALIAN BEEF LASAGNA FRENCH BREAD CESAR SALAD	BAKED CHICKEN WITH CHIMICHURRI PINTO RICE TROPICAL SALAD	SWEET & SOUR PORK OR CHICKEN WHITE RICE MIXED SALAD	FRIDAY PASTA FIESTA WITH HOUSE PESTO, ALFREDO OR MARINARA LINGUINE OR SPAGUETTI TOMATO FOCACCIA GARDEN SALAD
Vegetarian		Vegetarian dishes available upon request	Vegetarian dishes available upon request	Vegetarian dishes available upon request	Vegetarian dishes available upon request
Dessert		SEASONAL FRUIT	DESSERT	DESSERT	FRUIT CUTS

<i>WEEK 27-28</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Main Meal</i>	TRADITIONAL BEEF STEW WITH CARROTS AND POTATOES WHITE RICE GARDEN SALAD	POP CORN CHICKEN AIOLI LINGUINE GARLIC BREAD GREEN SALAD	MARZO	MARZO	MARZO
<i>Vegetarian</i>	<i>Vegetarian dishes available upon request</i>	<i>Vegetarian dishes available upon request</i>			
<i>Dessert</i>	DESSERT	FRUIT CUTS			